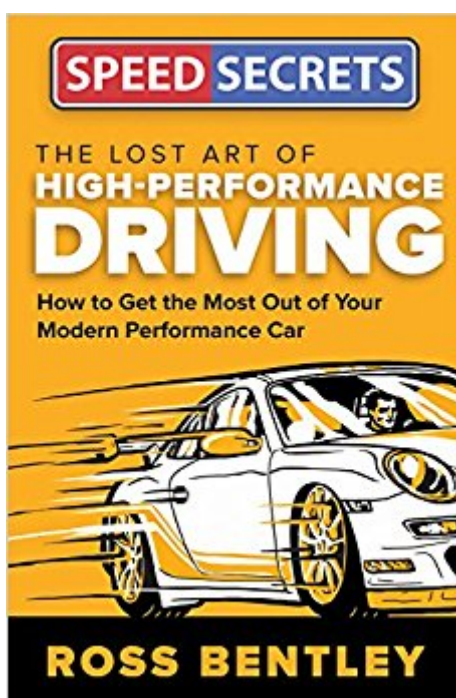


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# The Lost Art Of High Performance Driving: How To Get The Most Out Of Your Modern Performance Car (Speed Secrets)



## Synopsis

With the promise of autonomous vehicles in our near future, and current cars equipped with all sorts of mind-boggling "driver aides," many feel that the art (and science) of performance driving has been lost - or will be. But no! For every device designed to take the act of driving out of our hands, the desire to actively participate in the control of a car becomes even stronger for driving enthusiasts. One only needs to look at the number of performance cars available today to see that the desire to truly drive is still in strong demand. In *Speed Secrets: The Lost Art of High-Performance Driving*, Ross Bentley explains in plain language how you can become an even better performance-oriented driver, whether it's to enjoy a twisty mountain highway, to take that secret back-road route to work, or to participate in a track day on a racing circuit. From how best to use your car's controls, to cornering, to dealing with adverse driving conditions, this book will make you a better performance driver. Along the way, you'll learn what ABS, traction and stability control, self-braking systems, and semi-automatic transmissions do and how best to incorporate them into your driving. *Speed Secrets: The Lost Art of High-Performance Driving* will help you understand your car well and be an even better, faster driver. Most importantly, it will fuel your passion for driving!

## Book Information

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## Customer Reviews

Ross Bentley is the author of the popular Motorbooks Speed Secrets series. He is a racing coach, race car driver, author, and speaker. Bentley grew up in a racing family in Vancouver, British

Columbia. He raced in the CART Indy Car series in the 1990s before moving on to endurance racing, where he won the 1998 GT3 United States Road Racing Championship and the 2003 SRP II Class Rolex 24 Hours of Daytona. Bentley currently resides in Redmond, Washington. Official Website: [www.speedsecrets.com](http://www.speedsecrets.com)

I own 5 other Speed Secrets books by Ross and I love them all... The reason I especially love this book, is because it takes a different approach to driving: one from a daily commute driver, instead of an occasional track driver. The whole emphasis of the book, is to improve your driving on the track by improving your driving on the street. This is definitely not your typical 1970s High School Driver Education handbook. Everything from seat positioning, to where to look to down the road, to the mental game is covered here... I just wish my daughters had a book like this to learn from when they were in High School... As far as I'm concerned, Chapters 11 and 13 are worth the price of the book -- Pure Gold! And, as an uptight Los Angeles commute driver, I have come to live by the mantra: "Be a Collaborative Driver"... Thank you Ross, for another fine literary achievement in the Speed Secrets library... and for helping me to "chill" during my commute!

As a tactical driving instructor I found that the whole Speed Secrets series to be a great help in better understanding how to drive cars. Ross' knowledge of how to win in racing has a lot of application to everyday driving or in my case tactical evasive driving. For somebody who just wants an overall review of the information Ross has, I think that this is the best book of the series to get. If you want more in depth information then by all means start adding the other books in the series. I use his teaching points in my driving classes all the time. I also recommend his books when we do an instructor school.

another great book by Ross! Next best thing to seat time. I continue to learn as much as I can.

Everyone should read this book, it will make you a better driver, and a happier/better person!

As an introduction to high performance driving, this book is good. However, if you picked this up after already reading "Ultimate Speed Secrets" and doing your fair share of track time, this book will likely feel like a waste of time. Half of this book feels like Ross Bentley just telling you the things he wished everyone on the road knew. "This is an accelerator pedal, or on a gas engine car it's called the 'throttle' " ...Really? By the time you get toward the end of the book, everything that actually has

to do with dynamics feels copy/ pasted from the other books. I kept hoping for that extra crumb of knowledge I could take with me.. but unfortunately it's all the same "smooth is fast" and "brake here not there" that you've heard before. To summarize whether you need this book: Did you just buy a Porsche 911 that you have no idea how to drive? Buy this book! If you've done a few track days, and are looking for a few pointers to help you get that perfect balance of throttle-steer coming through an apex... this is not your book.

awesome! should be required reading before turning a wheel on track or street

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